ok Hers 3-6-17





EMERGENCY

ACTION

PLAN

CLINTON COUNTY HIGH SCHOOL

EMERGENCY ACTION PLAN

Clinton County High School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the athletic director.

An emergency is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur. Situations when 911 should be called automatically are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin) severe heat exhaustion for suspected heat stroke
- Severe bleeding that cannot be stopped

CHAIN OF COMMAND
Certified Athletic Trainer
School Resource Officer
Athletic Director
Administrator
Head Coach
Assistant Coach
Other Athletes

The highest person in the chain of command who is present at a scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may be of help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed:

The highest person on the chain of command will be deemed the leader, and will stay
with the athlete to monitor the athlete's condition and administer necessary first aid.
If possible, someone else on the chain of command should also stay and assist. The
front office or an administrator should be notified that there is an emergency
situation on campus.

AREA 1 (Football Field)

EMS Route: 127 South to Virginia Avenue - Back Entrance

AED location: Back wall of school gymnasium

AREA 2 (Softball Field, Baseball Field, Tennis Courts)

EMS Route: Straight across 127 into school parking lot.

AED location: Back wall of school gymnasium

AREA 3 (Gymnasium)

EMS Route: Straight across 127 into school parking lot.

AED location: Back wall of school gymnasium

AREA 4 (Cross Country Course)

EMS Route: Behind Early Childhood Center and EMS Building

AED location: EMS

AREA 5 (Soccer Field)

EMS Route: 127 North ½ mile turn left into Clinton County Middle School

AED location: Inside Clinton County Middle School on wall outside P.E. teacher's

office.

4. ASTHMA

- Head Coach will ask athlete if they have prescribed medication or an inhaler with them.
- Inhalers should be in a designated location that the coach has directed for quick access.
- Assistant coach or an athlete will retrieve medications or inhalers.
- If breathing problems continue, coach will dial 9-1-1.
- Coach will send a coach/athlete to the front entrance area of the school parking lot to direct the ambulance upon arrival.

5. ANAPHYLAXIS

- Head Coach will monitor athlete's breathing in case of allergic reaction.
- Coach will observe for changes in condition.
- Head Coach will dial 9-1-1 for a life threatening situation.
- Coach will send a coach/athlete to the front entrance area of the school parking lot to direct ambulance upon arrival.
- Head Coach will assist athlete with a prescribed Epi-Pen if one has been provided.

6. LIGHTNING

- The game administrator will monitor for threatening weather conditions.
- The game administrator will communicate the need to stop activity and seek shelter.
- The safe shelter for the football field will be inside the Ward Correll field house or Clinton County High School. Players, coaches, officials and spectators will be moved into the hallways of both facilities if weather is threatening.

- Coach will send an athlete to the front entrance area of the school parking lot to direct the ambulance upon arrival.
- Victim is not to be moved until EMS arrives.

4. ASTHMA

- Head Coach will ask athlete if they have prescribed medication or an inhaler with them.
- Inhalers should be in a designated location that the coach has directed for quick access.
- Assistant coach or an athlete will retrieve medications or inhalers.
- If breathing problems continue, coach will dial 9-1-1.
- Coach will send an athlete to the front entrance area of the school parking lot to direct the ambulance upon arrival.

5. ANAPHYLAXIS

- Head Coach will monitor athlete's breathing in case of allergic reaction.
- Coach will observe for changes in condition.
- Head Coach will dial 9-1-1 for a life threatening situation.
- Coach will send an athlete to the front entrance area of the school parking lot to direct ambulance upon arrival.
- Head Coach will assist athlete with a prescribed Epi-Pen if one has been provided.

6. LIGHTNING

- The game administrator will monitor for threatening weather conditions.
- The game administrator will communicate the need to stop activity and seek shelter.
- The safe shelter for the baseballfield/softball field/tennis courts will be inside the Clinton County High School. Players, coaches, officials and spectators will be moved into the hallways of CCHS if weather is threatening.

4. ASTHMA

- Head Coach will ask athlete if they have prescribed medication or an inhaler with them.
- Inhalers should be in a designated location that the coach has directed for quick access.
- Assistant coach or an athlete will retrieve medications or inhalers.
- If breathing problems continue, coach will dial 9-1-1.
- Coach will send an athlete to the front entrance area of the gymnasium to direct the ambulance upon arrival.

5. ANAPHYLAXIS

- Head Coach will monitor athlete's breathing in case of allergic reaction.
- Coach will observe for changes in condition.
- Head Coach will dial 9-1-1 for a life threatening situation.
- Coach will send an athlete to the front entrance area of the gymnasium to direct ambulance upon arrival.
- Head Coach will assist athlete with a prescribed Epi-Pen if one has been provided.

6. SEVERE WEATHER

- The game administrator will monitor for threatening weather conditions.
- The game administrator will communicate the need to stop activity and seek shelter.
- The safe shelter for the gymnasium will be down the east hallway and the band room hallway of Clinton County High School. Also serving as safe areas are the restrooms located down the band room hallway as well as the A.D. office and storage tunnel and the volleyball dressing room. Players, coaches, officials and spectators will be moved into these areas of CCHS if weather is threatening.

AREA 4 – CROSS COUNTRY COURSE

- Monitor athlete's breathing in case of allergic reaction.
- Observe for changes in condition.
- Head Coach will dial 9-1-1 for a life threatening situation.
- Send an athlete to the start of the cross country course to direct ambulance upon arrival.
- Head Coach will assist athlete with a prescribed Epi-Pen if one has been provided.

6. LIGHTNING

- The game administrator will monitor for threatening weather conditions.
- The game administrator will communicate the need to stop activity and seek shelter.
- The safe shelter for the cross country course is located inside of the Early Childhood Center.

AREA 5 – SOCCER FIELD

1. CARDIAC ARREST

- · Head coach will begin CPR.
- An athlete will call 9-1-1.
- Send an athlete to CCMS to get the AED located in the gymnasium on the wall just outside of the P.E. teacher's office. (make sure athlete has key to school)
- Send another athlete to the end of the middle school road to direct ambulance upon entry to the soccer field.
- Use AED if necessary before EMS arrival.

2. HEAT ILLNESS

- Head coach dials 9-1-1.
- An athlete retrieves towels soaked in ice place on victims neck and groin area.

• Head Coach will assist athlete with a prescribed Epi-Pen if one has been provided.

6. LIGHTNING

- The game administrator will monitor for threatening weather conditions.
- The game administrator will communicate the need to stop activity and seek shelter.
- The safe shelter for the soccer field will be the Clinton County Middle School. Players, coaches, officials and spectators will be moved into the hallways of CCMS if weather is threatening.

11-5-17

Track Team Organizational Meeting

#3

November 9, 2017

CCHS Cafeteria

4:00

WY A

| STUDENT NAME | PARENT NAME |
|--------------|-------------|
| 1. | |
| 2. | |
| 3. | |
| 4. | |
| 5. | |
| 6. | |
| 7. | |
| 8. | |
| 9. | |

Had a 3cd meeting because of the number that showed up for the first one and had no students or parents to show up. Stayed from 4:00 pm to 5:00 pm.

10.

Mif Jui-

Track Team Organizational Meeting

October 26, 2017

CCHS Cafeteria

4:00pm Meeting # 1

| | STUDENT NAME | PARENT NAME |
|----|---|----------------------|
| | 1. Jackson Harla | Jennifer Harla |
| | 2. Autumn McCutchen | Jaimeson M. Citchen |
| | 3. Gage Brumley | Jamie York |
| | 4. Daniel Maranagos | Magadlena Escalente |
| | 5. Luis Mazariesos | Javier W Mazariegos |
| Ì | 6. Makaya Gregory | Connic/Scott Gregory |
| | 7. Rylee Stockton | Sarah Stockton |
| | 8. Neonna Thompson | Melissa Thompson |
| | 9 | |
| | 10 | · |
| | 11 | |
| | 12 | |
| | 13 | |
| | 14 | |
| | 15 | · |
| * | Stayed From 4:00-5:00 8 participants to show another meeting in one | pm and had |
| | 8 participants to Show | up. Will have |
| ٠. | another meeting in one | week. Nich Imm |

Nift.

Track Team Organizational Meeting

November 2, 2017

CCHS Cafeteria

4:00pm Meeting #2

| STUDENT NAME | PARENT NAME |
|-------------------|-----------------------|
| 1. Makuyu Bregory | <u>Connie Grugory</u> |
| 2. Self Std Ktal | Paula Stretchi |
| 3. Ryun Kele | Paula Pickens |
| 4. Chase Duffey | Shamon Dishman |
| 5 | |
| 6 | |
| 7 | |
| 8 | |
| 9 | |
| 10 | |
| 11 | |
| 12 | |
| 13 | |
| 14 | |
| 15 | · |
| | |

* Staged until 5:00 pm and no other Students or parents shower up.

7/11 12-15-17

Clinton County High School Swim Team

they

Interest Meeting

12-15-17

| Student Signature | Parent Signature |
|-------------------|------------------|
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* No Students Showed up. Was there from 4:00 pm until 5:00 pm

7/JJ-17

Clinton County High School

Swim Team

Interest Meeting

12-11-17

| Student Signature | Parent Signature |
|-------------------|------------------|
| Tezlem Heved | Mber R Poore |
| andrew C. Dwell | · |
| Gavin Melton | Marcie Implon |
| | |
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* 3 Students Showed up in the hour time period so we will have another meeting on Friday 12-15-17

2017-2018

hedule 3-6-17

Clinton County High School Gym Weight Room Schedule

SCHOOL HOURS

SUMMER HOURS

| DAYS | TIMES | DAYS | TIMES |
|-----------|--------------------------------|-----------|---------------------------------|
| Monday | Early Session: 3:00 pm-5:00 pm | Monday | Early Session: 8:00 am-1:00 pm |
| • | Late Sessions: 5:00 pm-7:00 pm | | Late Sessions: 1:00 pm-6:00 pm |
| Tuesday | Early Session: 3:00 pm-5:00 pm | Tuesday | Early Session: 8:00 am-1:00 pm |
| | Late Sessions: 5:00 pm-7:00 pm | | Late Sessions: 1:00 pm-6:00 pm |
| Wednesday | Early Session: 3:00 pm-4:15 pm | Wednesday | Early Session: 7:30 am-12:30 pm |
| | Late Sessions: 4:15 pm-5:30 pm | | Late Sessions: 12:30 pm-5:30 pm |
| Thursday | Early Session: 3:00 pm-5:00 pm | Thursday | Early Session: 8:00 am-1:00 pm |
| | Late Sessions: 5:00 pm-7:00 pm | | Late Sessions: 1:00 pm-6:00 pm |
| Friday | Early Session: 3:00 pm-5:00 pm | Friday | Early Session: 8:00 am-1:00 pm |
| | Late Sessions: 5:00 pm-7:00 pm | | Late Sessions: 1:00 pm-6:00 pm |
| Saturday | Early Session: 3:00 pm-5:00 pm | Saturday | Early Session: 8:00 am-1:00 pm |
| | Late Sessions: 5:00 pm-7:00 pm | | Late Sessions: 1:00 pm-6:00 pm |
| Sunday | Early Session: 1:00 pm-3:00 pm | Sunday | Early Session: 1:00 pm-3:00 pm |
| | Late Sessions: 3:00 pm-5:00 pm | | Late Sessions: 3:00 pm-5:00 pm |

^{*}FOOTBALL USES THEIR OWN FACILITY

^{*}ALL COACHES MUST SCHEDULE TIME SLOTS WITH AD PRIOR TO USE

^{*}DEPENDING UPON NUMBER OF ATHLETES, MULTIPLE TEAMS MAY USE FACILITY AT SAME TIME

^{*}IF SPORTS WITH PRIORITY ARE NOT USING THE FACILITY IT WILL BECOME OPEN TO EVERYONE-TIME MUST BE SCHEDULED WITH AD

Clinton County High School Gym Weight Room Schedule

<u>January</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|---------------------|
| 1st - 6th | MALE | FEMALE | BASKETBALL/ARCHERY |
| 7 TH - 13 TH | FEMALE | MALE | BASKETBALL/ARCHERY |
| 14 TH 20 TH | MALE | FEMALE | BASKETBALL/ARCHERY |
| 21 st -27 tH | FEMALE | MALE | BASKETBALL/ARCHERY |
| 28 TH - 31 ST | MALE | FEMALE | BASKETBALL/ARCHERY |

<u>February</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|----------------------|
| $1^{ST} - 3^{RD}$ | MALE | FEMALE | BASKETBALL/ARCHERY |
| $4^{TH} - 10^{TH}$ | FEMALE | MALE | BASKETBALL/ARCHERY |
| 11 TH - 17 TH | MALE | FEMALE | BASKETBALL/ARCHERY |
| 18 TH - 24 TH | FEMALE | MALE | · BASKETBALL/ARCHERY |
| 25 TH -28 TH | MALE | FEMALE | BASKETBALL/ARCHERY |

<u>March</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|--------------------------|
| 1 ST - 3 RD | MALE | FEMALE | BASKETBALL/ARCHERY |
| 4 TH - 10 TH | FEMALE | MALE | BASKETBALL/ARCHERY |
| 11 TH - 17 TH | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |
| 18 TH - 24 TH | FEMALE | MALE | BASEBALL/SOFTBALL/TENNIS |
| 25 TH -31 ST | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |

<u>April</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|--------------------------|
| 1 ^{5T} - 7 TH | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |
| 8 TH - 14 TH | FEMALE | MALE | BASEBALL/SOFTBALL/TENNIS |
| 15 TH - 21 ST | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |
| 22 ND 28 TH | FEMALE | MALE | BASEBALL/SOFTBALL/TENNIS |
| 29 TH - 30 TH | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |

<u>May</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|--------------------------|
| 1 ^{5T} 5 TH | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |
| 6 TH - 12 TH | FEMALE | MALE | BASEBALL/SOFTBALL/TENNIS |
| 13 TH – 19 TH | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |
| 20 TH - 26 TH | FEMALE | MALE | BASEBALL/SOFTBALL/TENNIS |
| 27 TH -31 ST | MALE | FEMALE | BASEBALL/SOFTBALL/TENNIS |

<u>June</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|-------------|---------|---|
| 1 ST - 2 ND | MALE | FEMALE | OPEN TO ALL SPORTS/MUST SCHEDULE TIME WITH AD |
| 3 RD — 9 TH | · FEMALE | MALE | OPEN TO ALL SPORTS/MUST SCHEDULE TIME WITH AD |
| 10 TH - 16 TH | MALE | FEMALE | OPEN TO ALL SPORTS/MUST SCHEDULE TIME WITH AD |
| 17 TH - 23 RD | FEMALE | MALE | OPEN TO ALL SPORTS/MUST SCHEDULE TIME WITH AD |
| 24 TH -30 TH | NO ATHLETES | ALLOWED | DEAD PERIOD |

Clinton County High School Gym Weight Room Schedule

July

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|-------------|---------|---------------------------|
| 1st - 7th | NO ATHLETES | ALLOWED | DEAD PERIOD |
| 8 TH - 14 TH | NO ATHLETES | ALLOWED | DEAD PERIOD |
| 15 TH - 21 TH | MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 22 ND - 28 TH | FEMALE | MALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 29 TH - 31 ST | ·MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |

<u>August</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|---------------------------|
| 1 ST - 4 TH | MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 5 TH -11 TH | FEMALE | MALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 12 TH - 18 TH | MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 19 [™] - 25 [™] | FEMALE | MALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 26 TH -31 ST | MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |

<u>September</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|---------------------------|
| 1 ⁵ T | MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 2 ND - 8 TH | FEMALE | MALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 9 TH - 15 TH | MALE | FEMALE | VOLLEYBALL/GOLF/SOCCER/CC |
| 16 TH - 22 TH | FEMALE | MALE | VOŁLEYBALL/GOLF/SOCCER/CC |
| 23 RD - 29 TH | MALE | FEMALE | VOŁLEYBALL/GOLF/SOCCER/CC |
| 30 TH | FEMALE | MALE | VOLLEYBALL/GOLF/SOCCER/CC |

October

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|--------|---------------------|
| 1 ⁵⁷ – 6 ^{7H} | MALE | FEMALE | BASKETBALL |
| 7 TH - 13 TH | FEMALE | MALE | BASKETBALL |
| 14 TH - 20 TH | MALE | FEMALE | BASKETBALL |
| 21 ST - 27 TH | FEMALE | MALE | BASKETBALL |
| 28 TH - 31 ST | MALE | FEMALE | BASKETBALL |

November

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|--------------------------------------|--------|----------|---------------------|
| 1 ⁵⁷ - 3 RD | MALE | FEMALE | . BASKETBALL |
| $4^{7H} - 10^{7H}$ | FEMALE | MALE | BASKETBALL |
| 11 TH - 17 TH | MALE | FEMALE | BASKETBALL |
| 18 TH - 24 TH | FEMALE | MALE | BASKETBALL |
| 25 TH -30 TH T | - MALE | FEMALE - | BASKETBALL |

<u>December</u>

| DAYS | EARLY | LATE | SPORT WITH PRIORITY |
|-------------------------------------|--------|----------|----------------------|
| 1 ST | MALE | FEMALE | BASKETBALL/ARCHERY |
| 2 ND - 8 TH | FEMALE | MALE | BASKETBALL/ARCHERY |
| 9 TH - 15 TH | MALE | FEMALE - | BASKETBALL/ARCHERY |
| 16 TH - 22 ND | FEMALE | MALE | BASKETBALL/ARCHERY |
| 23 RD - 29 TH | MALE . | FEMALE | BASKETBALL/ARCHERY |
| 30 TH - 31 ST | FEMALE | MALE | · BASKETBALL/ARCHERY |

Weight Room Signatures

TITLE IX EQUITY COMMITTEE

CLINTON COUNTY HIGH SCHOOL

2017-2018

STAFF MEMBERS

FALL SPORTS Assane Ndiaye (Boys Soccer) Pam Lovell (Girls Soccer) Nick Irwin (Boys/ Girls Golf) Dee Soma (Boys/ Girls Cross Country) Kayla Mora (Volleyball) RESIGNED Jamie Miller (Football) **WINTER SPORTS** Todd Messer (Boys Basketball) Darrell Thompson (Girls Basketball) Sandy Shelton (Archery) **SPRING SPORTS** Jared Bertram (Baseball) Bobby Evans (Softball) Mickey McFall (Boys/Girls Tennis) **DISTRICT STAFF MEMBERS** Charlotte Nasief (Superintendent) Julie Daniels (Director of Pupil Personnel) Stacey Evans (Principal) Nick Irwin (Athletic Director) Jared Bertram (Assistant Athletic Director)

Clinton County High School

Uniform Rotation Chart

| SPORT | 2012-2013 | 2013-2014 | 2014-2015 | 2015-2016 | 2016-2017 | 2017-2018 | 2018-2019 | 2019-2020 | 2020-2021 |
|---------------|-----------|-------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| (B) Golf | エ | Α | H | Α | _ | Α | Ŧ | A | I |
| (G) Golf | I | A | I | Α | I | A | Ŧ | Α | - |
| (B) Soccer | | H & A | | H&A | | H & A | | A | |
| (G) Soccer | | H & A | | H & A | | Н&А | | А | |
| (B) C.C. | I | Α | I | A | I | А | 工 | A | エ |
| (G) C.C. | エ | A | Ŧ | Α | I | Α | エ | Α | T |
| (B) Tennis | Ξ | . > | Ŧ | Α | I | A | I | Α | <u>.</u> |
| (G) Tennis | I | > | 王 | Α | エ | Α | Τ | A | エ |
| (B)Basketball | H & A | | | I | Α | | Ξ | | Α |
| (G)Basketball | Α | 포 | А | I | Α | | 工 | | Α |
| Football | | | I | Þ | <u> </u> | A | | 工 | |
| Volleyball | | H & A | | Α | SHORTS | | 工 | | Α |
| Archery | = | A | Ŧ | Α | 工 | A | 工 | Þ | Ι, |
| Cheerleading | | 工 | | A | | 工 | | Α | |
| Baseball | Þ | | 工 | | Þ | | T | | A |
| Softball | H & A | | H & A | | Н&А | | エ | | Α |

^{*}TEAMS THAT RECEIVE UNIFORMS ON A YEARLY BASIS ARE PURCHASED BY THE ATHLETE AND REMAINS THEIR PROPERTY AT THE CONCLUSION OF SPECIFIC SEASON

White the state of the state of